



The Quality of Effort: Integrity in Sport and Life for Student-Athletes, Parents, and Coaches (Paperback)

By Reggie Marra

From the Heart Press, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. If you've been waiting for a book on youth, interscholastic and intercollegiate sport that honors and addresses the need for cooperation among student-athletes, parents and coaches, and that embraces physiology, philosophy, and ongoing development-with a focus on what's best for the student-athlete, welcome home. The 2013 editions of The Quality of Effort and The Quality of Effort Workbook invite student-athletes, parents and coaches to observe and explore their unique and necessary roles in bringing about a healthy athletic experience. Reggie Marra writes through the soul of a poet-athlete-teacher-caregiver, and kid who got cut from the team he later went on to coach. He takes us by the hand and challenges us to inquire into our own values, behaviors, and relationships. If we're willing to take up the challenge, this inquiry helps us see ourselves and all those heroes and villains out there from increasingly comprehensive and balanced perspectives. "Preaching" only what he practices, in The Quality of Effort, Reggie Marra authentically engages each of us to become increasingly more aware of our stories-the interpretations we choose, and how they affect, and even effect, what we...



READ ONLINE
[3.69 MB]

Reviews

It is an remarkable pdf that I actually have actually read. It really is packed with knowledge and wisdom I am very happy to tell you that this is the finest ebook i actually have go through during my very own life and may be he very best book for actually.

-- Hailey Jast Jr.

It in a of my personal favorite ebook. It is probably the most awesome publication i have read through. You wont really feel monotony at anytime of the time (that's what catalogs are for regarding in the event you check with me).

-- Juliet Kertzmann

See Also



[SAS and Elite Forces Guide Prisoner of War Escape & Evasion: How To Survive Behind Enemy Lines From The World's Elite Military Units \(Paperback\)](#)

ROWMAN & LITTLEFIELD, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. The POW How To Escape Handbook covers everything you need to know about making a successful return to friendly territory. Beginning from the point where a combatant finds...



[Fifteen Thousand Useful Phrases \(Paperback\)](#)

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English. Brand new Book. The most powerful and the most perfect expression of thought and feeling through the medium of oral language must be traced to the mastery of words. Nothing...



[Genuine new book Essentials of Leadership: Principles and Practice \(4th Edition\) \(U.S.\) Shiliboge. \(U.S.\(Chinese Edition\)](#)

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2012-05-01 Pages: 280 Publisher: Welcome to Our Publishing House of Electronics Industry. service and quality to your satisfaction. please...



[Hacks for Minecrafters: Combat Edition: The Unofficial Guide to Tips and Tricks That Other Guides Won't Teach You \(Hardback\)](#)

Skyhorse Publishing, United States, 2014. Hardback. Condition: New. Language: English. Brand new Book. From the author of Hacks for Minecrafters and Hacks for Minecrafters: Master Builder comes the most encompassing guide ever to combat in the world of Minecraft!With more than 100...



[The Marine Sniping Handbook - Remastered: Completely Overhauled, New & Improved - Full Size Edition - Master the Art of Long-Range Combat Shooting, from Beginner to Expert Sniper \(McTp 3-01e / McWp 3-15.3](#)

Independently Published, United States, 2019. Paperback. Condition: New. Carlile Media (illustrator). Language: English. Brand new Book. REMASTERED EDITION: COMPLETELY OVERHAULED, NEW & IMPROVED - RE-ILLUSTRATED AND DIGITIZED FOR THE 21ST-CENTURY WARRIOR MARKSMANThe USMC's remarkable scout-sniping manual has been employed essentially unchanged for...



[Mastering the College Application Essay: The Art of Writing to Discover \(Paperback\)](#)

Outskirts Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Gloria Chun has written an artful book that applies insights from the best personal essays, behavioral neuroscience, and motivational science to the art of...