Summary: The Talent Code by Daniel Coyle: Greatness Isn't Born. It's Grown. Here's How. (Paperback)



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Reviews

Completely essential go through book. This is for all who statte there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Lydia Legros)

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Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. The Talent Code by Daniel Coyle: Book SummaryIMPORTANT NOTE: This is a book summary of The Talent Code by Daniel Coyle - this is NOT the original book. ORIGINAL BOOK DESCRIPTION: The Talent Code: Greatness Isn't Born. It's Grown. Here's How.by Daniel CoyleWhat is the secret of talent? How do we unlock it? This groundbreaking work provides readers with tools they can use to maximize potential in themselves and others. Whether you're coaching soccer or teaching a child to play the piano, writing a novel or trying to improve your golf swing, this revolutionary book shows you how to grow talent by tapping into a newly discovered brain mechanism.Drawing on cutting-edge neurology and firsthand research gathered on journeys to nine of the world's talent hotbeds-from the baseball fields of the Caribbean to a classical-music academy in upstate New York-Coyle identifies the three key elements that will allow you to develop your gifts and optimize your performance in sports, art, music, math, or just about anything.- Deep Practice Everyone knows that practice is a key to success. What everyone doesn't know is that specific kinds of practice can increase skill up to ten times faster than conventional practice.- Ignition We all need a little motivation to get started. But what separates truly high achievers from the rest of the pack? A higher level of commitment-call it passion-born out of our deepest unconscious desires and triggered by certain primal cues. Understanding how these signals work can help you ignite passion and catalyze skill development.- Master Coaching What are the secrets of the world's most effective teachers, trainers, and coaches? Discover the four virtues that enable these "talent whisperers" to fuel passion, inspire deep practice, and bring out the best...



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