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# SAD PERFECT (HARDBACK)



Farrar, Straus and Giroux (BYR), United States, 2017. Hardback. Condition: New. Language: English. Brand new Book. Sixteen-year-old Pea looks normal, but she has a secret: she has Avoidant/Restrictive Food Intake Disorder, which means she can't eat very much because nutritious foods frighten her. Having ARFID is like having a monster inside of her, one that dictates what she can eat, what she does and who she socializes with. This monster is growing and controlling more than just her food issues...

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- Authored by Stephanie Elliot
- Released at 2017



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